

# The Impact of the Polycystic Ovarian Syndrome (PCOS) on Quality of Life of Affected Women in India: A Sociological Perspective

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## **ABSTRACT**

*The underlying objective of the discussions put forth in the paper is to establish the social impacts of Polycystic Ovarian Syndrome in the life of a woman in India. Apart from the physical aspects linked to this syndrome, which are largely studied by the sciences, we have attempted to give a sociological interpretation of how this syndrome affects the patient's social, emotional and mental well-being. The visual manifestations of its symptoms were seen to be internalised and acted as a barrier due to the benchmarks set by society. Its generalisation as only a "physical syndrome" disregarding its mental effects also leads to the alienation of women. Our opted methodology has been online surveys supplemented by case studies of women aged 18 and above who had been diagnosed with the syndrome. Findings of this study reveal mainly the social and emotional challenges faced by the patients of PCOS.*

**Keywords :** Polycystic Ovarian Syndrome, Quality of life, Self-Worth, Social Relations, Mental Health

## **INTRODUCTION**

"All interest in disease and death is only another expression of interest in life."

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